SEATTLE CENTRAL COMMUNITY COLLEGE COMMUNITY SERVICE/VOLUNTEER PROGRAM

CMS 197 - REFLECTION

Due

Your reflection should include answers to the following:

- Name of organization and a two-three sentence description of the services provided and clientele served
- What did you do as a volunteer? Why did you choose this activity?
- What did you learn about the people or community you served?
- How did volunteering change your attitude, perception, prejudice and/or stereotypes of a certain group of people?
- What have you learned about yourself and your values?
- How did your volunteer activity benefit the community that you served?
- In what way has this experience been of value to you in terms of your personal, academic, or career goals?
- Was this experience what you expected?
- What were the best and worst aspects of the experience?

Length: 1-2 pages

Other criteria: Should be typed (double spaced). Hand written papers will not be accepted. Please

type your work using a 12 point font size and be sure to include your name and quarter

enrolled.